

All kids have

The RIGHT Stuff

To Be Drug Free!

**For information
on how to talk to
your kids about drugs,
call the
Nebraska
Alcohol and Drug
Information
Clearinghouse**

1-800-648-4444

The RIGHT Stuff

**Get
involved!**

Help adolescents understand
that alcohol, tobacco, and drugs
are unhealthy and dangerous.

For more information call:
1-800-648-4444
<http://www.prevlink.org>

Your Kids Have

The RIGHT Stuff

To Be Drug Free!

**Make it easy for your
teen to talk to you
honestly!**

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<http://www.prevlink.org>

Give Your Kids

The RIGHT Stuff

To Be Drug Free!

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<http://www.prevlink.org>

Get The Right Stuff!

**Refuse to Use Alcohol, Tobacco, and Other
Drugs.**

Increase Your Knowledge.

Get into the Game!

Have Fun and Play Hard.

Think About How Your Actions Fit in With Your
Goals.

Share Your Talents.

Talk to a Friend About Your Problems.

Use Your Creativity.

Finish What You Start!

Find Friends Who Share Your Feelings About
Not Using Alcohol, Tobacco, and Other Drugs.

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The RIGHT Stuff

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- The Right Stuff helps adolescents make the most of their lives and pursue their own interests and talents.
- The Right Stuff is about telling all adolescents that they are worthy of happiness and success, that opportunities do exist, and that expressing themselves is okay.
- The Right Stuff is about being healthy-- physically and mentally.
- With The Right Stuff, adolescents can grow into strong and competent individuals.

The RIGHT Stuff

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The Right Stuff is the
stuff adolescents have,
individually and
collectively, to be the
best they can be --
confident, fulfilled,
happy, and feeling
good about
themselves.

The RIGHT Stuff

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Believe in adolescents and their abilities by
praising their attempts as well as their
achievements.

Encourage them to express their opinions,
feelings, and beliefs in positive ways.

Help adolescents get the necessary tools to make
good decisions and resist peer pressure to use
alcohol, tobacco, and drugs, or to participate in
any other risky activities.